# Directions

### Kanawha Pastoral Counseling

#### KPCC offices are located in Church facilities

#### First Presby Church, Charleston - for Sky, Andy, Rosie, Sabrina, Ric, Bob

Take the Leon Sullivan exit from I-64. Go straight on Leon Sullivan Way, the Clay Center will be on your left. Stay on Leon Sullivan and go straight through four traffic lights, and cross straight through at Virginia. First Presby is the last Church on the left, across from the Charleston Catholic High School. There are no outdoor signs for KPCC. Click here to go to a street map: <u>Map of 16 Leon Sullivan Way</u> <u>Charleston, WV 25301-2402, US</u>

First Presby takes up the whole block on the left side of Leon Sullivan Way, between Virginia and Kanawha Boulevard, in Charleston. The driveway entrance into the Church parking lot is half-way down this last block, on the left. As you pull into the driveway you will see a double glass door on the building on your left (the bigger building), come in through those doors and take the elevator up to the 3rd or 4th Floor.

Sabrina, Rosie, Ric, and Bob are on the 3rd floor. Go down the hall to the waiting area. Sky and Andy are on the 4th floor, the waiting area is in the hallway. If you are not sure if you are at the right place or the right time, please feel free to check in at the KPCC main office on the 3rd floor. Call us if you are lost, 304-346-9689.

#### Directions to Ann Martin's office at Christ Church United Methodist in Charleston

Take the Leon Sullivan exit from I-64. Go straight on Leon Sullivan Way to Virginia St. Turn left, go two blocks and left again on Morris St, one block and left on Quarrier St. then immediately left again into the church parking lot. If the first lot is full go across the alley for more parking. When you enter the church from the parking lot you will be in a wide hallway. About half-way down the hallway there is an elevator. Take the elevator to the second floor, Room 230.

#### Directions to Jack Stringfellow's office at Trinity Lutheran Church in Charleston

Trinity is at 1600 Kanawha Blvd East. From I-64 take the Greenbrier St exit and head towards the river, the capitol will be on your left. Go all the way to the end at Kanawha Blvd (by the river), take a right, Trinity Lutheran will be on one block at Elizabeth Street. It is a red brick building. Turn Right onto Elizabeth and another quick right into the parking lot. Come to the double doors off the parking lot. I'll meet here at your appointment time. If, by chance, the door is open and you get into the building, turn to your right, go up the short steps, and go right into the lounge area till I come out of my office for you at the appointment time.

#### Directions to Andy Counts' Friday office in Hurricane in the Reese Building

The Reese Building is located at 3520 Teays Valley Rd. (Rt.34) in Hurricane, right across from the Hurricane City park; next door to the Family Practice of Drs. Yeager and Smith, in the office of King's River Worship Center.

Kanawha Pastoral Counseling Center 16 Leon Sullivan Way, Suite 300 Charleston, WV 25301 304-346-9689 www.kpcc.com

#### **Client Information and Consent Form**

Name				
Street				
City		State	Zip	
Day Phone	Night Phone	Cell	Phone	
Email address (useful for schedu	uling - please print cl	learly)		
Birth date///	SS #	//	Age	_ Sex (M/F)
Emergency contact person:			Phone:	
Parent, Guardian or Family Mer	nber:		Phone:	
Insurance Information: (Please g records.)	give your insurance car	d to the receptionist	so we can mal	ke a copy of it for our
Name of Insurance Co:		Telephone:		
Name of Policy Holder:		Policy Holder's	SS#:	_//
Policy Holder's Employer:		_ Policy Holder's	Date of Birt	h:
Group / Policy #:	Insurance ID	# (if different tha	n SS#)	

#### Authorization and Consent for Treatment and HIPAA Notification

I hereby give my consent to KPCC to provide evaluation, treatment and/or other services that we may mutually determine to be appropriate.

I authorize KPCC to directly bill and receive payment from my insurance company and/or other persons liable to pay my bill. I assign my right to receive payment directly from any available source to KPCC. I will get authorization from my insurance company for any of KPCC's services if it is required by my policy. I will personally pay all charges not paid by my insurance company or anyone else.

I am aware of the KPCC "Notice of Privacy Practices" and understand a hard copy can be provided at my request and via <u>www.kpcc.com/counseling/forms</u>/. I understand that KPCC may make verbal summaries or send summaries or records of my evaluation and/or treatment to my insurance/managed care company for clinical review as part of its responsibility to manage my care. I further understand that these services are confidential and that information about me will not be disclosed or released to anyone other than authorized KPCC staff without my written consent, with the following exceptions: 1. Information necessary to authorize services or pay claims will be communicated to the insurer/claims payor when required. 2. If I disclose information in the course of evaluation or treatment which indicates I present a clear and present danger to myself or others. 3. As mandated by state or federal law.

If signed by guardian, guardian's authority is based on \_\_\_\_\_

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#### Client / Therapist Agreement

 Name
 Date
 /
 /

I agree to abide by the following policies in my relationship with my therapist and Kanawha Pastoral Counseling

- I agree to keep any appointment made between me and my therapist. I understand that any change or cancellation must be made 24 hours in advance of the appointment time or the Missed Session Fee will be charged. Messages can be left on KPCC voice mail when the office is closed. If my Insurance does not pay for a late cancellation, I will be responsible for the full fee. Sessions are considered cancelled due to inclement weather if there is a county school closing. Missed group sessions will be charged full group fee, even with advance notice. KPCC may use a billing agency if I have an overdue or outstanding balance.
- 2. I may be asked to have a psychiatric examination, a medical checkup, and/or psychological testing. I will be responsible for these fees. Appointments with the KPCC Medical Director require advance payment of the full fee and payment is expected before an appointment is scheduled.
- 3. My confidentiality will be carefully protected by the KPCC staff. I am aware of specific situations in which WV law sets limits on my privilege of confidentiality: These are if I disclose to my therapist or a staff member any of the following: a) my intent to harm myself; b) my intent to harm other persons; c) my involvement in abuse or neglect of children or of elders. I will be honest and candid with my therapist about any of the above impulses or actions. I understand that KPCC will take action to protect me or others; such as notifying the Department of Human Services and/or other appropriate persons or agencies.
- 4. KPCC may offer me a fee subsidy based on my financial circumstances. This subsidy will not apply for missed sessions, for psychiatric services, or for case management services, such as letters or conferences related to my therapy or for offering legal testimony, etc.
- 5. Telephone contacts for purposes other than setting appointment times will be billed on a prorated basis. Long distance conferences will be initiated by the client.
- 6. KPCC office hours are Monday through Friday, 9 am through 5 pm. My therapist will be available to meet with me by appointment only. Emergency services are not available at KPCC. If I am in crisis I agree to seek help through the Emergency Room services of the hospital closest to me, or by calling 911. If I anticipate a crisis I will make arrangements with my therapist for appropriate support.
- 7. If I receive a benefit for therapy costs through a health insurance plan, I may elect to pay my share at the time of the session and to sign over insurance payments to the Center. Statements not honored by the insurance company remain my responsibility. I will reimburse KPCC for any insurance benefit incorrectly paid to me.
- 8. Fees: \$165 per 55 minute session; \$75 per group ses; \$135 case managnt; \$200 per first session
  - a. My payment: \$\_\_\_\_\_; Insurance payment: \$\_\_\_\_\_; Other 3rd Party \$\_\_\_\_\_
  - b. Fee Subsidy: \$\_\_\_\_\_; Missed Session / Late Cancellation Fee: \$\_\_\_\_\_
  - c. I understand that payment is expected and due at the time of each session.
- 9. I understand and agree to follow the KPCC policies stated above:

Client Signature

Date

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## **Medical History Form**

	nseling Center Client Nat	me	
16 Leon Sullivan Way, Suit Charleston, WV 25301 304-346-9689		Date///////	
Family History:			
Where were you born?	Where did you	ı grow up?	_
Number of siblings	Your birth order	(youngest, oldest, etc.)	
Do you have any family me	mbers who have been in counseling	ng or hospitalized for psychiatric	reasons?
Do you have any family me	mbers who have struggled with a	ddictions?	
Do you have any family me	mbers who have struggled with h	urting themselves or others?	
Medical/Surgical History:			
Do you have a regular Doct	or? Name	Phone	
Date of Last checkup			
KPCC encourages its a	liants to have a regular medical as	vam at least once a veer Medical	
can sometimes cause m out as not being a facto If you do not have a reg	lients to have a regular medical ex- ental, emotional or relational distr r in what has brought you to coun gular doctor, we urge you to get or qualify for free medical service at	ress, and so it is important to rule seling. ne. If you do not have insurance of	these
can sometimes cause m out as not being a facto If you do not have a reg medical card, you may	ental, emotional or relational distr r in what has brought you to coun gular doctor, we urge you to get or	ress, and so it is important to rule seling. ne. If you do not have insurance of t WV HealthRight.	these

(over please)

Please list any medications you are currently taking.

Medication	Dosage	Reason	Start Date	Doctor
Any drug sensitivities or allergies				
Daily consumption of coffee, tea,	or soft drink	s containing caffeine:		
Estimated consumption of tobacco	p: p	er day per week. Type:		
Estimated consumption of alcohol	: p	er day per week. Type:	-	
Estimated use of "recreational dru	gs":	_ per day per week Type:		
Do you have easy access to a firea	urm?	Is it loaded? Is it locked?		
locked and stored unloaded. I	f there is any	access to firearms take precautions that t one in your household, including yourse e the firearms completely from the house	lf, who may l	
Traumatic Life Experiences			_	
			-	
Have you had counseling before?	When?		-	
With Whom? Was it helpful?				
Have you ever thought about hurt	ng yourself?	How recently?	_	
Have you ever tried to hurt yourse	lf? H	ow recently?	-	
Have you ever thought about hurt	ng someone	else? How recently?		
Have you ever tried to hurt someo	ne else?	How recently?		

### **Symptom Checklist**

Kanawha Pastoral Counseling Center 16 Leon Sullivan Way, Suite 300 Charleston, WV 25301 304-346-9689 www.kpcc.com

Name \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Listed below are a number of categories in which persons commonly find some difficulties. Please indicate how you are affected by each by circling the appropriate number. Circle a number for every item. Please use the number scale outlined below.

Not a Problem	A Slight Problem	Moderate Problem	Serious Problem	Severe Problem
1	2	3	4	5

	Your Physical Functions		30	Suspiciousness (questioning	1 2 3 4
1	Sleep Pattern	1 2 3 4 5		other's motives)	
2	Eating Pattern	1 2 3 4 5	31	Hostility (feeling angry towards	1 2 3 4
3	Bladder Control	1 2 3 4 5		others)	
4	Bowel Control	1 2 3 4 5	32	Other	1 2 3 4
5	Seizures or Convulsions	1 2 3 4 5			
6	Speech (stuttering or stammering)	1 2 3 4 5		Your Feelings & Moods	1 2 3 4
7	Weight Problem	1 2 3 4 5	33	Depression (sadness)	1 2 3 4
8	Sexual Functioning	1 2 3 4 5	34	Euphoria (feeling "high")	1 2 3 4
9	Other	1 2 3 4 5	35	Sudden Changes in Mood for No	1 2 3 4
				Apparent Reason)	1 - 0
	Your Experience at Work		36	Anxiety (nervousness)	1 2 3 4
10	General Performance	10245	37	Lack of Energy	1 2 3 4
-		1 2 3 4 5 1 2 3 4 5	38	Feeling Angry	1 2 3 4
11	General Satisfaction		39	Not Liking Self	1 2 3 4
12 13	Lateness	1 2 3 4 5	40	Not Liking Others	1 2 3 4
-	Absenteeism	1 2 3 4 5	41	Other	1 2 3 4
14	Negative Feelings about Work	1 2 3 4 5			
15	Relating to Supervisors	1 2 3 4 5		Your Inner Thoughts & Ideas	
16	Relating to Co-Workers	1 2 3 4 5	- 10	_	1.0.0
17	Relating to Supervisees	1 2 3 4 5	42	Thoughts about Hurting Yourself	1 2 3 4
18	Other	1 2 3 4 5	43	Thoughts about Hurting Others	1 2 3 4
			44	Having Unwanted Thoughts,	1 2 3 4
	Your Behavior		45	Again & Again	1.0.0
19	Difficulty with Daily Routine	1 2 3 4 5	45	Worrying about Your Health	1234
20	Letting Others Take Advantage of You	1 2 3 4 5	46	Believing You Are Inferior to Others	1 2 3 4
21	Hyperactivity (Can't sit still)	1 2 3 4 5	47	Believing You Are Better Than	1 2 3 4
22	Repeating Certain Acts, Again	12345 12345		Others	
	and Again	12343	48	Seeing Things Without Apparent	1 2 3 4
23	Physically Abusing Others	1 2 3 4 5	40	Cause	1234
24	Using Alcohol to Cope with	1 2 3 4 5	49	Hearing Things Without Apparent Cause	1234
	Problems		50		1 2 2 /
25	Using Drugs to Cope with	1 2 3 4 5	50	Experiencing Confusion	1 2 3 4
	Problems		51	Memory	1 2 3 4
26	Lying	1 2 3 4 5	52	Other	1 2 3 4
27	Stealing	1 2 3 4 5			
28	Withdrawal from Others Socially	1 2 3 4 5			
29	Dependency (Relying on others too much)	1 2 3 4 5			

Please list any particular worries you have about the symptoms you have listed:

What do you think is causing your symptoms?

Have any of the symptoms affected your daily life and activities? How?

What are your goals for therapy here at KPCC?

Would you like prayer to be a part of your sessions?

yes / no / maybe / sometime

Client Signature

Date